

# TIME TO ENJOY... ACTIVITIES

From water sports on Lough Derg to horse trekking across valleys, adventure awaits in every corner of the county. Explore scenic cycling routes, tackle an obstacle course, try your hand at kayaking or fishing. With activities for all ages and abilities, there's something for everyone.

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## BB Bikes

Glen of Aherlow, E34 Y288  
Open year round

Ebike rental ideal for exploring the Galtee Mountains and beyond. Delivered directly to your accommodation. The bikes have up to 80km range to ensure a comfortable cycle around the hills.

[www.bbikes.com/bike-rental/](http://www.bbikes.com/bike-rental/)

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## Cahir Equestrian Centre

Cahir, E21 RX76  
Open seasonally

Situated just 2km outside the heritage town of Cahir, this family-run, AIRE-approved centre provides riding experiences for all abilities. Services include tuition, trekking through Cahir Park, cross-country riding, and pony camps during school holidays.

[www.tipperary.com/listings/cahir-equestrian-centre](http://www.tipperary.com/listings/cahir-equestrian-centre)

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## Crossogue Equestrian Centre

Thurles, E41 W6Y8  
Open seasonally

The Molloy family has been involved with horses for five generations. This tradition continues by offering equestrian programmes for adults, teenagers, and families, including riding holidays that combine instruction, trekking, meals, and accommodation.

[www.crossogue-equestrian.ie](http://www.crossogue-equestrian.ie)

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## Dick's Bike Hire

Portumna, H53 E953  
Open year round

Dick's Bike Hire is operated by the Ridge Family with bikes to suit everyone, from standard adult and kids bikes to mountain bikes and electric ones too. Ideal for trips around the shores of Lough Derg.

[www.dicksbikehire.ie](http://www.dicksbikehire.ie)

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## Fishing

Glen of Aherlow  
Open year round

The Glen of Aherlow is an ideal destination for your fishing holidays in Ireland. The River Aherlow offers Brown Trout and Perch, whilst just a short drive away the River Suir has stocks of salmon. Fishing permits can be obtained at the tourist office in Cahir.

[www.aherlow.com/activities](http://www.aherlow.com/activities)



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## Fishing in Holycross

Holycross  
Open seasonally

The River Suir is renowned for its game angling, holding both salmon and brown trout. The brown trout season runs from March to September.

[www.fishinginireland.info](http://www.fishinginireland.info)

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## Irish Fishing Tours

Garrykenndy  
Open year round

Irish Fishing Tours is a fishing guide service based in the harbour village of Garrykennedy on the shores of Lough Derg. They provide customised fishing holidays, including guiding services, tackle hire, food, and accommodation, operating a catch and release policy.

[www.irishfishingtours.com](http://www.irishfishingtours.com)

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## Lough Derg Water Sports

Nenagh, E45 AY65  
Open year round

Located on the north east shore of Lough Derg, you can book guided tour, kids summer camps, learn to kayak, or take a paddle throughout the year which take place throughout the year.

[www.loughdergwatersports.com](http://www.loughdergwatersports.com)

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## Mythical Legends Adventures

Lisronagh, E91 D1F2  
Open year round

Step into a world of ancient Irish myths and legends. Enjoy a range of activities, including a mini-golf course, pedal go-karts and an obstacle course to test your agility. There's something for all ages.

[www.mythicallegendsadventures.com](http://www.mythicallegendsadventures.com)

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## Tipperary Mountain Trekking Centre

Borrisoleigh, E41 X393  
Open year round

Tipperary Mountain Trekking Centre facilitates horse riding and pony trekking. It's a family run business providing lessons for children and adults, offering a unique way to explore the scenic countryside.

[www.timotrec.com](http://www.timotrec.com)

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## Treacy's Blueway Bike Hire

Carrick-on-Suir, E32 EF44  
Open year round

Experience the 21-kilometre cycle trail along the heritage Blueway towpath from Carrick-on-Suir through Kilsheelan to Clonmel. They offer adult and child bikes, e-bikes, trailers, and safety gear, along with maps and suggested routes for exploring the Blueway.

[www.bluewaybikehire.ie](http://www.bluewaybikehire.ie)

