

## Information & Enquiries

For further information or to book accommodation, food, evening meals, etc.

Phone: 0504 54443 weekdays 10 to 2

At other times phone: 0504 54284 or 086 0518934. Or

contact us via email on: [upperrural@gmail.com](mailto:upperrural@gmail.com)

Accommodation available on [www.tipperary.com](http://www.tipperary.com)

Download the maps for our three National Loop Walks in Upperchurch via [www.upperchurch.ie](http://www.upperchurch.ie) or call into our Visitor Information Point in Upperchurch village.

### Postal address

"Walking Weekend"

Upperchurch Community Centre,

Upperchurch, Thurles, Co. Tipperary.

### Entertainment

Traditional music will be provided in the local pubs during the weekend. Visiting musicians and performers are welcome. There will be free set dancing lessons on Saturday evening at 4.00 p.m. in Oliver Ryan's Pub. Lecture on Local History of Emigration in Community Centre 8.00 p.m. Saturday. Charity Poker Classic Sunday night in Kinnane's 8.30 p.m.

### Suitable Gear

Walkers are advised to bring suitable footwear, raingear, backpack with snack and drinks and change of clothes.

### Registration Fee

Adults: €10

Post Primary Students: €5

Primary School Students: Free

Friday night walk: €5

Complimentary refreshments after all events

Upperchurch/Drombane Development Association wish to thank sincerely all landowners for their co-operation.

Find us on Facebook - 'Upperchurch Hill Walking Trails'



## Programme of Events

### Friday November 6th

- 7.30 p.m. **Garnakilka - Glown Road Walk**  
Start Upperchurch Village
- 7.45 p.m. **Gortkelly - Moher Road Walk**  
Start Upperchurch Village
- 9.00 p.m. **Reception and Official Opening in Upperchurch Hall**
- 10.00 p.m. **Seisiún Mór in Kinnane's Pub**

### Saturday November 7th

- 10.00 a.m. **Hills of Upperchurch Walk**  
Start Upperchurch Village
- 12.00 p.m. **Birchill Nature Trail Walk**  
Start Rosmull P.J. Ryan's Pub
- 12.15 p.m. **Knockalough - Red Hugh Walk**  
Start Upperchurch Village
- 12.30 p.m. **Slí Éamoin an Chnoic Walk**  
Start Upperchurch Village
- 4.00 p.m. **Set Dancing Lessons in Ryan's Pub**
- 8.00 p.m. **Launch of 2015 Upperchurch-Drombane Historical Journal.** Talk and discussion on the history of local emigration
- 10.00 p.m. **Traditional Music in Jim O' the Mills**

### Sunday November 8th

- 11.00 a.m. **Farney Castle to Upperchurch Walk**  
Start Farney Castle
- 11.00 a.m. **Hollyford-Red Hill Walk**  
Start Hollyford Village
- 12.00 p.m. **Drombane to Upperchurch Walk**  
Start Drombane G.A.A. Grounds
- 12.00 p.m. **25, 50 and 75 km cycle**  
Start Upperchurch Village
- 12.30 p.m. **Slí Éamoin an Chnoic Walk**  
Start Upperchurch Village
- 8.30 p.m. **Charity Poker Classic**  
Kinnane's Pub



# Upperchurch 2015

## 10th Anniversary Walking Weekend

*Welcoming Home Our Emigrants*



**6th, 7th, 8th November 2015**

Siúil linn i ndúiche Éamoin an Chnoic a bhíodh ag "siorshiúil sléibhte is gleannta" trí chéad bliain ó shin

Family and fitness cycling events for all



## Cycling Events

- 75 Km cycle
- 50 Km cycle
- 25 Km cycle



All cycles commencing outside Upperchurch Community Centre @12.00 noon on Sunday the 8th of November.

## New Bog Walk

New Bog Walk beside village now open. Level 1 km walk suitable for all and wheelchair accessible.



## Upper Limits Climbing Wall

Wall open for 20 minutes prior to walks. Short introductory climbs €2. Clean footwear please.



## Christmas Night Hike

Don't forget our Christmas Night Hike on Sunday, Dec. 20th at 6.30 p.m.



## List of Walks

### 1. Garnakilka - Glown Road Walk **Average Fitness**

Distance: 10 km  
Time: 2 hours

Start: Upperchurch Village Friday 7.30 p.m.  
Testing torchlit road walk



### 2. Gortkelly - Moher Road Walk **Families/Beginners**

Distance: 7 km  
Time: 1 ½ hours

Start: Upperchurch Village Friday 7.45 p.m.  
Torchlight walk on road with a few easy hills



### 3. Hills of Upperchurch Walk **Experienced Walker**

Distance: 18 km  
Time: 6 hours

Start: Saturday 10.00 a.m. Upperchurch Village  
For very fit experienced walkers with some steep climbs



### 4. Red Hugh and Knockalough Walks **Average Fitness**

Distance: 6 km and 10 km  
Time: 2 hrs and 3 hrs

Start: 12.15 p.m. Saturday Upperchurch Village  
A number of options for walkers with an average level of fitness



### 5. & 6. Eamon an Chnoic Loop **Families/Beginners**

Distance: 8 km  
Time: 2 ½ hrs

Start: 12.30 p.m. Saturday and Sunday  
Upperchurch Village  
Probably the most popular local walk



### 7. Birchill Nature Trail **Families/Beginners**

Distance: 8 km  
Time: 2 ½ hrs

Start: 12.00 p.m. Saturday at P.J. Ryan's,  
Rosmilt on Upperchurch - Thurles road  
An easy lowland walk through farmland and woodland  
**Waterproof footwear required.**  
**Note change of day from previous years**



## & there's more...

### 8. Hollyford - Red Hill Walk **Average fitness**

Distance: 18 km with 14 km option  
Time: 4 hrs

Start: 11.00 a.m. Sunday in Hollyford 12 km southwest of Upperchurch on R497  
Long walk mainly on forest tracks. Excellent views. Visits Eamon an Chnoic's hideout and burial site



### 9. Farney Castle - Upperchurch Walk **Average Fitness**

Distance: 15 km  
Time: 4 hrs

Start: 11.00 a.m. Sunday at Farney Castle  
12 km east of Upperchurch on Holycross to Ballycahill road  
Easy but longish walk from Farney Castle to Upperchurch on mix of road, field, forest and farm roadway. Free return transport provided. Tours of Farney Castle at 10.00 a.m. and 10.30 a.m. €5 extra. Highly recommended



### 10. Drombane to Upperchurch Walk **Average Fitness**

Distance: 12 km  
Time: 3 ½ hrs

Start: 12.00 noon. Drombane G.A.A. Grounds  
A mixture of laneways, fields and roads. Route goes over top of Knockalough mountain. Free return transport



No dogs allowed on any walks except signed section of Knockalough. On this walk dogs must be kept on a lead

